

Godly Family Training (Mature level)
Research on “Train up”
(The blue = Rhema’s)
Part 10

Proverbs 22:6

“**Train up**²⁵⁹⁶ a child in the way he should go, and when he is old he will not depart from it.”
RSV

Hebrew Definition of the word “Train up”

En{j Chanok #2596 Train up (Interlinear Transliterated Bible)

OT: 2596 II. En{j!* verb train up, dedicate (compare Arabic apparently denominative from rub palate of child with **chewed dates**, Lane659 a, of midwife rub palate of new-born child with oil, etc., before it begins to suck, Dozyii, 332; also **make experienced**, submissive, etc. (as one does a horse by a rope in its mouth)

(From Brown-Driver-Briggs Hebrew and English Lexicon)

Dictionary definition of the word “**date**”: the oblong edible fruit of a palm (Phoenix dactylifera); the tall palm with pinnate **leaves that yields the date**.

Dictionary Definition of the word “**palm**”:

1: any of a family (Palmae, the palm family) of mostly tropical or subtropical monocotyledonous trees, shrubs, or vines with usually a simple stem and a terminal crown of large pinnate or fan-shaped leaves

2: a **leaf** of the palm as a symbol of **victory** or **rejoicing**; also: a branch (as of laurel) similarly used

3: a symbol of **triumph**; also: VICTORY, TRIUMPH

4: an addition to a military decoration in the form of a palm frond especially to indicate a second award of the basic decoration.

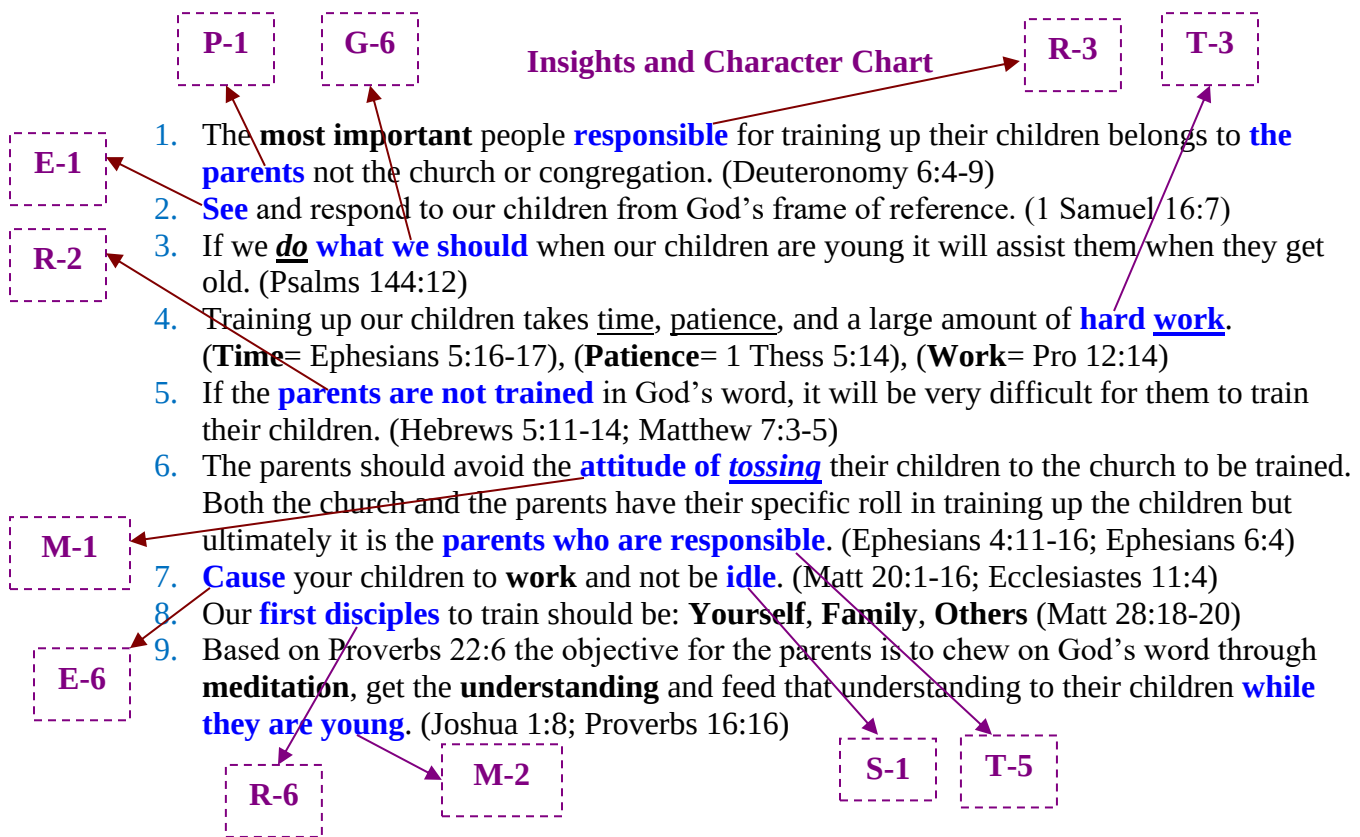
Chew until you get the breakthrough
and then give it to your children.

Experience:
prayer, study,
memorization,
and time
management.

Not enough-must yield the date.

(Matthew 21:17-32)
“Nothing on it but leaves only.”
Must have fruit not just leaves. Leaves are needed to produce fruit.

Leaves lead to fruit.



[Click here.](#) (forty-nine-character quality chart)

10. The parents should be giving their children what they are feeding on. (Ezra 7:10)
11. The target is to **masticate** on God's word first and **then feed** the children. (John 21:15-17)
12. Dictionary Definition of the word "**Masticates**" (See Proverbs 1:2)
 - 1: to grind or crush (food) with or as if with the teeth in preparation for swallowing: CHEW
 - 2: to soften or reduce to pulp by crushing or kneading, Intransitive senses: CHEW
13. Definition of the word "**meditation**": "A private devotional act, consisting in deliberate reflection upon some spiritual truth or mystery, accompanied by mental prayer and by acts of the affection and of the will, especially formation of resolutions as to future conduct" (Cent. Dict., s.v.). Meditation is a duty that ought to be attended to by all who wish well to their spiritual interests. It should be deliberate, close, and continuous (Ps 1:2; 119:97). (From The New Unger's Bible Dictionary.)
14. Realize that as we meditate on a particular passage of God's word, we might not get the understanding as quick as we thought. (Galatians 6:9)
15. Understanding comes in stages and with levels of intensity. (See 1 Cor 13:11-13)
16. Understanding is a process. (Mark 4:28-29)
17. Do not be discouraged if it takes several times to read over a specific passage of scripture before insights or (Rhema's) begin to come. Remember, meditation is like rumination. (Matthew 7:7-8)

18. **Dictionary definition** of the word “ruminate”: to go over in the mind repeatedly and often casually or slowly; chew repeatedly for an extended period; to chew again what has been chewed slightly and swallowed: **chew the cud**; to engage in contemplation: REFLECT (See Psalms 72:12)
19. **Dictionary definition** of the word “cud”: food brought up into the mouth by a ruminating animal from its first stomach to be chewed again.
20. For example, **sheep** have four stomachs. (Job 12:7-8)
21. **Chewing** (*Meditating*) on God’s word and then feeding the understanding to our children produces **victory, rejoicing** and **triumph** in their life. (*Remember the dictionary definition of the word “Palm” on page 1.*)
22. Victory, rejoicing and triumph all **originate** from the **Word of God**.
23. Meditation is chewing, meditating, and ruminating.
24. We are to do this day and night on God’s word much as possible.
25. Here is an acrostic to help us remember. (**C.U.D.**)
26. **C**hew on God’s word until we **u**nderstand it and then **d**o it.

Chew
Understand
Do

27. Consider the following portions of God’s word.

Revelation 19:13

“**He** is clad in a robe dipped in blood, and the name by which he is called is **The Word of God**.” RSV

1 Corinthians 15:57-58

“But thanks be to God, who gives us the **victory through our Lord Jesus Christ**.⁵⁸ Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.” RSV

Philippians 4:4

“**Rejoice in the Lord** always; again I will say, Rejoice.” RSV

2 Corinthians 2:14

“But thanks be to God, who **in Christ** always leads us in **triumph**, and through us spreads the fragrance of the knowledge of him everywhere.” RSV

[Click here.](#) Meditation on God's Word Part 1 Full Teaching. True Success!

Suggested applications:

1. **Memorize** Proverbs 22:6 using your favorite Bible translation.
2. **Memorize** one or two of the character qualities. (Use the forty-nine-character quality chart)
3. **Memorize** the acrostic of C.U.D.
4. **Listen** to the audio teaching. (Meditation part 1)